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Helma Institute School is an institute of holistic education located in Saddle Brook, New Jersey. The facility which accommodates research, learning, administration and service to the public includes a clinic room, classrooms, staff offices, an open lounge and reception area. Chair massage, pre-natal massage, reflexology, anatomy and physiology, hygiene and first aid are offered as courses in preparation for the National Certification Exam in Therapeutic Massage and Bodywork. To organise the facility, a service zone acts as a spine running its entire length separating the clinic room from the other program elements. A wall of doors conceals wet areas, storage and technical componentry within this service zone. The clinic room is the heart of the facility where a calming and motivating environment produce the atmosphere appropriate to the learning of massage as well as the offering of massage to the public as a service. This delicate balance between somewhat conflicting imperatives imposed on the clinic room is achieved through the choreographed flow of students, teachers and public through the service wall from the adjacent program areas. Within the adjacent program areas, translucent and transparent glass partition walls, a polished concrete floor and a custom designed lighting system create a bright and open series of spaces for learning and lounging with ample receptors for various media displays and presentations.

